

## starters

**Yogurt and Granola Bowl**  
Bear Naked® Granola *with fresh berries and authentic Greek yogurt* \$6.50

**Steel Cut Oatmeal**  
*With brown sugar* \$2.95  
*Add grilled banana* \$1.50

**Fresh Fruit Bowl**  
*Made with available fresh fruit and served with a honey lime yogurt* \$4.75

**Breakfast Breads**  
*An assortment of breakfast pastries, jams and pure whipped butter* \$4.75

## from the griddle

All griddle items served with warm syrup and pure whipped butter

### Buttermilk Pancakes

Plain \$5.95  
Silver Dollar \$6.25  
Chocolate Chip \$6.95  
Bacon \$7.95  
Fresh Strawberries or Blueberries \$7.95

### Belgian Waffles

Plain \$5.95  
Chocolate Chip \$6.95  
Multi-grain \$7.95  
Fresh Strawberries or Blueberries \$7.95

### Island Girl Waffle

*Pineapple, mango and toasted coconut* \$8.95

### French Toast

Plain \$5.95  
Fresh Strawberries or Blueberries \$7.95

### Banana Foster French Toast

*Traditional egg bread French Toast topped with Classic Banana Foster Sauce, chopped pecans on the side* \$8.95

### Stuffed French Toast

*Challah stuffed with sweetened cream cheese, topped with sliced strawberries* \$8.50

### Bella Nutella

*Nutella® Stuffed French Toast* \$8.95

## omelettes, eggs & scrambles

All egg orders are served with breakfast potatoes and toast. Scrambles and omelettes can be made with egg substitute or egg whites for an additional \$1, substitute fruit for 50¢

## bennys

**Traditional Eggs Benedict** \$8.50

**Eggs Florentine** \$9.50

**Smoked Salmon Benedict** \$9.95

**Crab Cake Benedict** \$10.95

**Filet Mignon Benedict**

*Grilled tenderloin, poached eggs topped with a béarnaise sauce* \$14.95

## sides

Bacon, Pork Sausage \$2

Turkey Sausage, Taylor Ham, Canadian Bacon \$3.25

Homefries \$3

Sweet Potato Fries \$4.50

French Fries \$3.25

Fresh Fruit \$2

Scone \$2

Toast \$2

English Muffin \$1.50

2 Eggs \$2

Muffin \$1.50

Lettuce and Tomato \$1.25

100% Vermont pure maple syrup \$1.50

Grilled Cinnamon Buns \$3.75

### Huevos Rancheros

*Two corn tortillas layered with two lightly fried eggs, manchego cheese, tomatillo sauce and frijoles* \$7.95

**Grape Tomato and Feta Cheese Omelette** \$7.50

### Smoked Salmon Omelette

*Perona Farms® smoked salmon, onion, tomato and goat cheese* \$8.95

**Spinach, Feta and Mushroom Omelette** \$7.95

**Sausage and Pepper Omelette** \$7.95

### California Scramble

*Sliced grape tomato, avocado and Monterey Jack garnished with sour cream and homemade salsa* \$7.95

### Tuscan Scramble

*Grape tomato, basil, chopped garlic and mozzarella* \$7.95

### Spring Roll Scramble

*Mostly egg whites with one whole egg mixed in, fresh seasonal vegetables, a little cheese and rolled in a soft flour tortilla* \$8.95

**Crab and Asparagus Omelette**

*with Hollandaise Sauce* \$9.95

## classics

**Bagels all the way** \$10.25

**Eggs any style** *with potatoes and toast* \$5.75

### Sundays on the Farm

*Corned beef hash and eggs* \$7.95

### Breakfast Sandwich

*2 eggs, choice of meat and cheese on a Kaiser roll* \$4

## starters

**Soup of the Day** \$3.95   **Starter Salad** \$3.75   **Chili** \$5.00   **Spinach and Artichoke dip** \$5.25

## sandwiches & wraps

**All sandwiches served with sweet potato fries and a pickle, substitute salad \$2.00**

### Lobster Roll

*Fresh lobster meat lightly tossed with a little mayo and a little lemon, served on a traditional grilled roll, hot melted butter on the side* 15.99

### Crabcake Sandwich

*Served on a challah bun topped with grilled red onion and a cucumber wasabi tartar sauce* \$12.95

### Build Your Own Burger

*Certified Angus beef, lettuce, tomatoes, sliced onion, mayo and mustard* \$7.95  
*Add Cheese* \$.75 | *bacon, taylor ham, avocado or fried egg* 1.25

### Shrimp & Bacon Sandwich on Multi Grain

*Grilled shrimp, bacon, lettuce and tomato on multigrain bread with old bay mayo* \$9.95

### The Cuban

*Traditional Cuban pressed sandwich made with roasted pork, ham, melted swiss, mojito and pickles served with mustard on the side* \$7.95

### Brookdale Cheese Steak

*Sliced sirloin steak, American cheese, peppers, onions and mushrooms on a soft hoagie* \$8.95

### BLT

*Bacon, lettuce, tomato with mayo on multigrain bread* \$6.95

### Mini Reubens (3)

*Corned Beef, sauerkraut, melted swiss, Russian dressing on rye* \$8.95

### Chicken, Avocado and Bacon Club

*Chicken, avocado, bacon, lettuce, tomato and mayo on toasted multi grain bread* \$8.50

### Garden Party on Multi Grain

*Lettuce, tomato, avocado, grilled red onion, roasted peppers and fresh mozzarella on toasted multigrain with a Dijon vinaigrette* \$7.95

### Buffalo Chicken Wrap

*Spicy Buffalo chicken, blue cheese, shredded lettuce and tomato* \$7.95

### Nova Wrap

*Smoked salmon, cream cheese, red onion, crumbled egg and capers* \$8.95

### Toast Turkey Wrap

*Turkey, avocado, bacon, lettuce, tomato, sprouts and Havarti cheese with a honey mustard dressing* \$8.25

## salads

**Add to any salad chicken \$4.00 | shrimp \$6.00**

### Blackened Tuna Salad

*Blackened tuna, Mesclun greens, avocado and toasted sesame seeds with a honey lime cilantro vinaigrette* \$13.95

### Traditional Cobb Salad

*Avocado, bacon, tomato, blue cheese and grilled chicken with a Dijon Vinaigrette* \$10.50

### Lobster Cobb Salad

*Same as above lose the chicken add the Lobster* \$15.95

### Shenanigan Salad

*Mesclun greens, goat cheese, sundried cranberries, caramelized pecans in a raspberry vinaigrette* \$7.95

### Caesar

*Crisp Romaine tossed with parmesan crisps and croutons* \$7.95

### Chopped Greek Salad

*Romaine, tomatoes, cucumber, kalamata olives and feta with garlic croutons in a classic Greek vinaigrette* \$7.95

### Spinach and Pear Salad

*Baby Spinach, crumbled blue cheese, walnuts, sliced pear, warm bacon vinaigrette* \$8.95

### Chopped Mexican Salad

*Roasted peppers, corn, tomatoes, jicama, black beans and avocado in a honey lime cilantro vinaigrette* \$8.95

# kids

Our owner has kids, as do many of our staff. This menu was created with the help of many of our own kids so they can come to our restaurant with us and enjoy the meals they like the best. So bring the kids, relax and enjoy a great family meal together.

## meals

- Bagel with butter \$2
- Happy Face Oatmeal \$2.95
- Silver Dollar Pancakes \$3.95
- Chocolate Chip Silver Dollars \$4.25
- French Toast & One Egg \$4.25
- Belgian Waffle \$5.95
- One Egg with Toast \$3.75
- Hot Dog and Fries \$4.95
- BLT on White Toast \$3.95
- Chicken Fingers and Fries \$4.95
- Grilled Cheese and Fries \$3.95
- Kids Ceasar Salad \$3.95
- Horizon Yogurt Tubes \$1

## kids beverages

- Juice Box \$1.25
- Kids Soda \$1.25
- Chocolate Milk \$1.25

**Please ask about having  
your party at Toast**

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open 7 days a week at 7:30 am

## beverages

- Coffee, Decaf, Tea \$2
- Chai, Latte \$3
- Cappuccino, Latte \$3
- Vanilla Latte \$ 3.50
- Milk, Chocolate Milk \$1.50
- Hot Chocolate \$2

## Juices

- Orange \$3
- Grapefruit, Cranberry, Apple, V8 Tomato \$2
- Bottled Water \$1.50

## Soft Drinks

- Pepsi, Diet Pepsi, Ginger Ale, Root Beer, Sierra Mist, Lemonade \$2
- Fresh Brewed Iced Tea, Iced Coffee \$2
- Tazo Bottle Iced Tea \$2.50

## sweets

- Cupcake \$2
- Magic Bars \$3.25
- Chocolate High Hat Cupcake \$3.25